

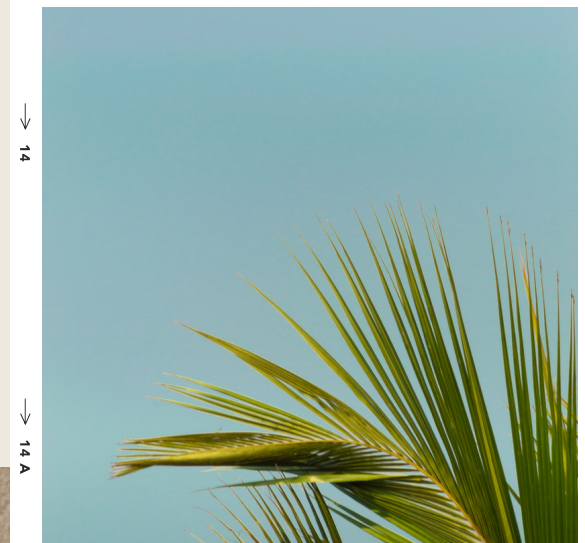
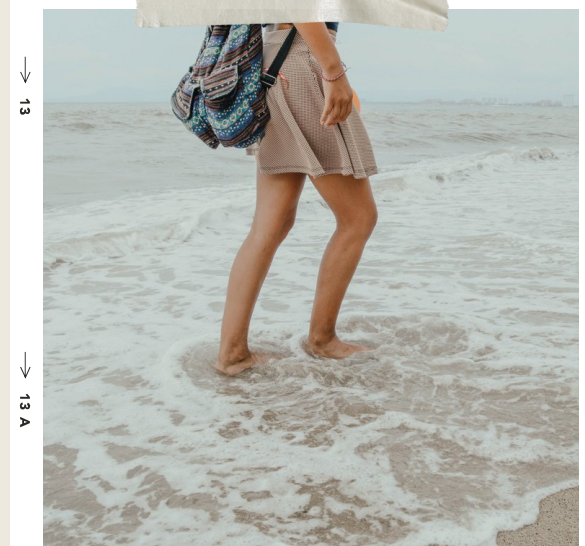
Play & Nature

KA210-YOU-0E0512CA



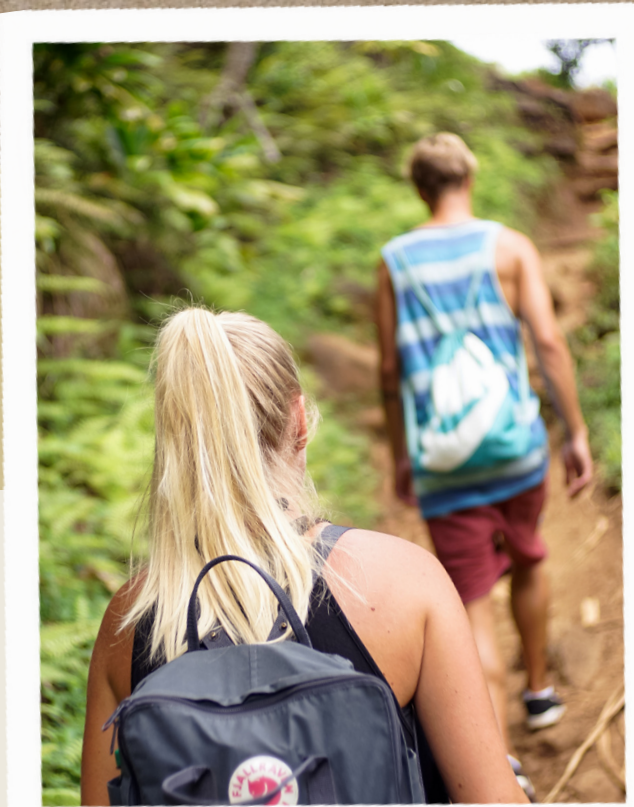
Content:

- The project: goals and results
- Calendar
- Activities
- First activity: dates and planning



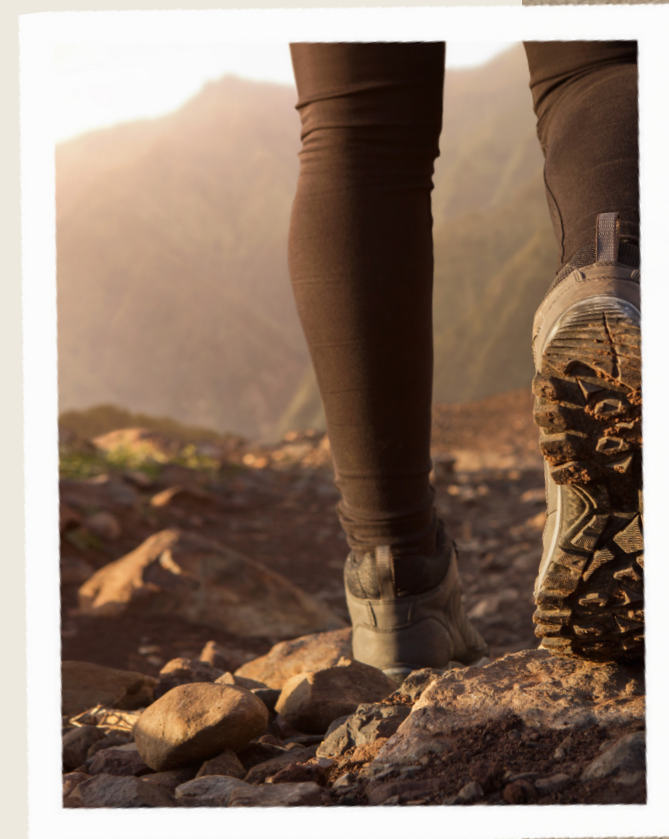
The Project: Goals and Results

The project "Play and nature for learning. Designing together inclusion strategies" looks for a synergistic and beneficial collaboration to promote self-learning by the members of the participating organizations to improve the techniques they use to train young people in inclusion and diversity, using as fundamental values, those obtained derived from the practice of sport and protection of the environment (teamwork, empathy, tolerance, working for the common good, feeling of equality, assuming one's own responsibilities, assertiveness).



The project: Goals and Results

- X In this project, three transnational activities will be implemented in which all partner organisations will work together to develop the manual containing the new methodology for educating young people in inclusion with values drawn from sport and nature.

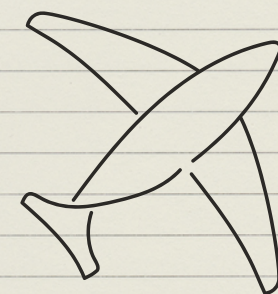


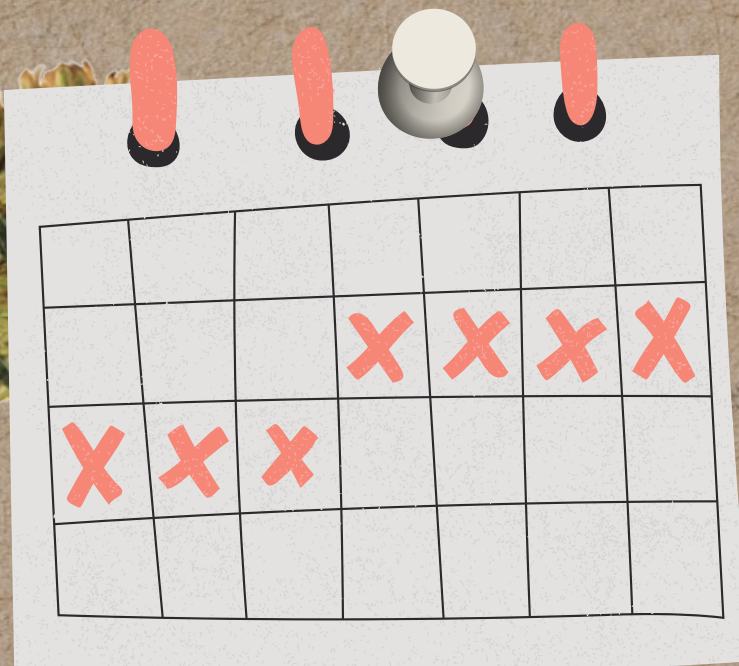
The project: Goals and Results

The expected results of the project are:

1. Development of a complete manual with the methodology designed during the project to educate young people in inclusion in natural spaces and through sport.
2. Strengthening of the relationships between organisations to encourage cooperation in future projects.
3. Supporting peer-to-peer self-learning.
4. Enrichment of the associations' networks by making the developed manual available to them.
5. Promoting the inclusion of young people at risk.

Canva Stories





TIMETABLE

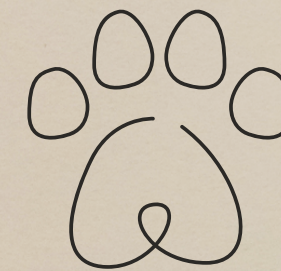
FIRST ONLINE MEETING: 03.02.2022

**FIRST ACTIVITY IN GRANADA:
20-26.03.2022**

**FIRST MEETING POST ACTIVITY:
04.04.2022**

**SECOND ACTIVITY IN MADEIRA:
06-12.11.2022**

**THIRD ACTIVITY IN LECCO:
05-11.03.2023**



Timetable

It has to be an online meeting after and before the activities

That means that there are six online meetings and three face to face activities.

At the end of the first activity we should have a guide for the other two meetings

At the end of the project there will be a guide for educators and trainers as a result of the exchange between the partners.

After each mobility activity, the organisations will be responsible for carrying out two local activities, one of them for young people (8) and one for youth workers (8). Partnerships will be free to plan, but will they will have to create a detailed evaluation to be shared with the partners.



Activities

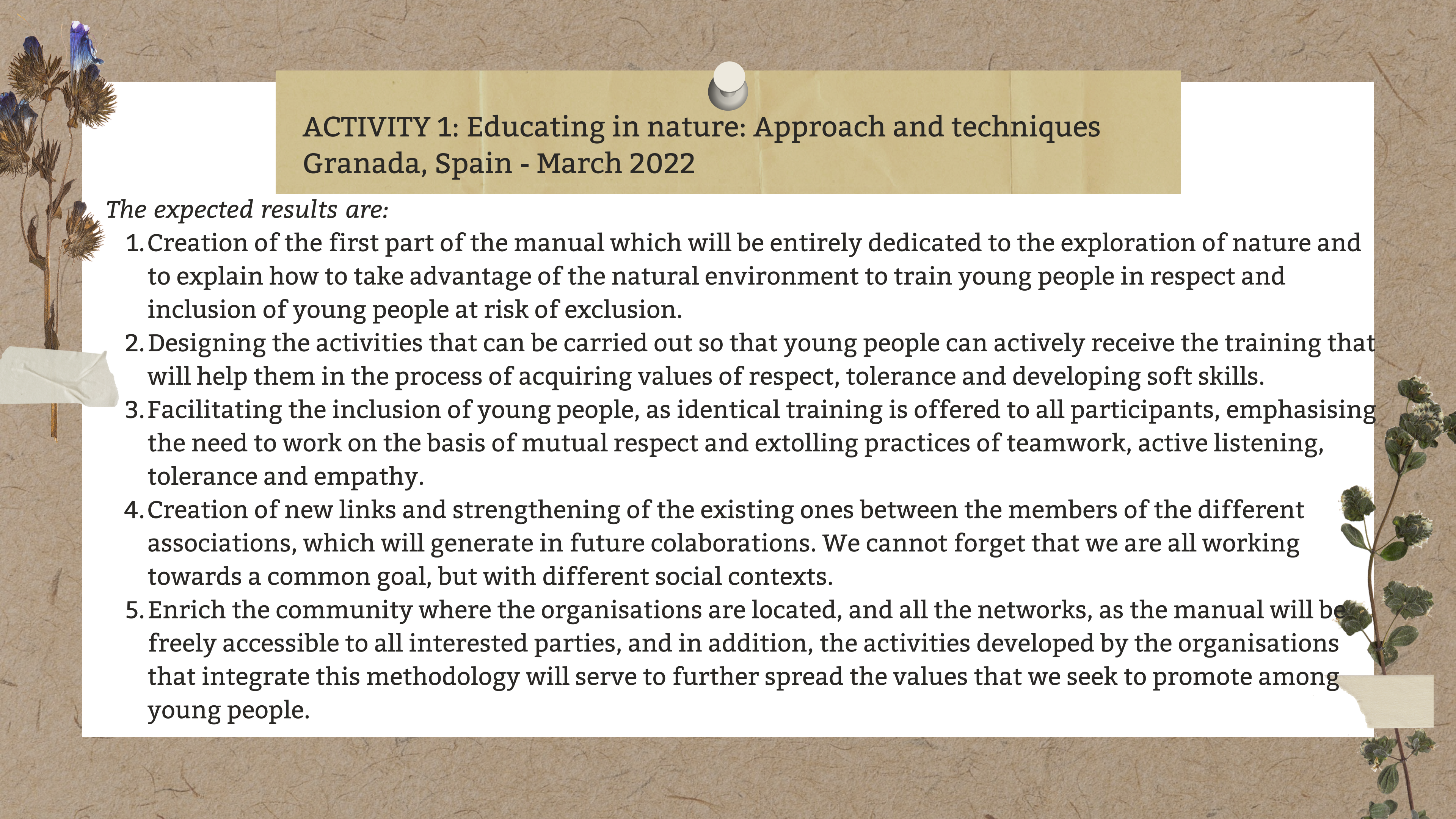
ACTIVITY 1: Educating in nature: Approach and techniques Granada, Spain - March 2022

Aim: to propose a comprehensive education strategy that integrates nature as a main factor, resulting in a detailed guide that will be used in the next two activities, being the basis for developing the methodology.

Participants: 5 youth workers per organisation will participate in this activity, team members of the participating organisations, or partners carrying out training work. The main target group of this activity is the organisations themselves, which after working together, manage to learn and develop new skills that will be useful in their work with young people and young people at risk of exclusion.

The aim is to pool all the knowledge that the organisations have about the development of training activities in the environment, and from there, to start to build together a work manual with activities aimed at young people and young people at risk of exclusion, which will enable these users to acquire new skills that they can apply in their personal and professional lives. For their part, the organisations will develop a new way of working that they did not have before, which will favour the implementation of more projects using this working method.





ACTIVITY 1: Educating in nature: Approach and techniques

Granada, Spain - March 2022

The expected results are:

1. Creation of the first part of the manual which will be entirely dedicated to the exploration of nature and to explain how to take advantage of the natural environment to train young people in respect and inclusion of young people at risk of exclusion.
2. Designing the activities that can be carried out so that young people can actively receive the training that will help them in the process of acquiring values of respect, tolerance and developing soft skills.
3. Facilitating the inclusion of young people, as identical training is offered to all participants, emphasising the need to work on the basis of mutual respect and extolling practices of teamwork, active listening, tolerance and empathy.
4. Creation of new links and strengthening of the existing ones between the members of the different associations, which will generate in future collaborations. We cannot forget that we are all working towards a common goal, but with different social contexts.
5. Enrich the community where the organisations are located, and all the networks, as the manual will be freely accessible to all interested parties, and in addition, the activities developed by the organisations that integrate this methodology will serve to further spread the values that we seek to promote among young people.

Activities

Activity 2: Inclusion in Education: Difficulties and Opportunities provided by Sport - Madeira, Portugal - November 2022


Aim: to propose a strategy for training young people in inclusion, which will become the second part of the manual that this project aims to develop. All the sessions of the activity will revolve around sport as a working tool to include young people at risk of exclusion.

Participants: five youth workers per organisation.

The participants from the organisations will be able to carry out different projects to meet many other objectives and needs, using the methodology developed.

This activity is intended to continue with the next pillar of the final working methodology that will be obtained at the end of the project. With this second activity we seek to reinforce the joint working relationships of the organisations. The aim is to pool all the knowledge that the organisations have about the development of training activities in the field of sport, and from there, to start building together a working manual with activities oriented to young people and youths.





Activity 2: Inclusion in Education: Difficulties and Opportunities provided by Sport - Madeira, Portugal - November 2022

The expected results are:

1. Creation of the second part of the manual which will be entirely dedicated to the identification of groups at risk and how to use sport to train young people in respect and inclusion of all groups at risk of exclusion.
2. To explore all the opportunities that sport and the promotion of a healthy lifestyle can offer to young people at risk of exclusion, in addition to young people at risk of exclusion, as well as offering solutions to the difficulties we encounter.
3. Designing the activities that can be carried out so that, in an active way, young people receive the training that will help them in the process of acquiring values of respect, tolerance, and developing soft skills. process of acquiring values of respect, tolerance and developing soft skills.
4. Facilitating the inclusion of young people, offering identical training to all participants and emphasising the need to work on the basis of mutual respect and tolerance, emphasising practices of teamwork, active listening, tolerance and empathy.
5. Creation of new links and strengthening of the existing ones between the members of the different associations, which will generate future collaborations, as we cannot forget that we all work for a common goal, but with different social contexts.
6. Enriching the networks of the organisations, as the manual will be freely accessible to all interested parties.

Activities

Activity 3: Universal Quality: approach to quality assurance measures Lecco, Italy - March 2023

Aim: to propose an evaluation strategy for the activities that have been developed throughout the project and that will constitute the final part of the handbook. All sessions of the activity will focus on quality assurance and the design of quality indices to ensure the success of the project.


Participants: 5 youth workers per organisation will participate in this activity, team members of the participating organisations, or partners carrying out training work.

This activity is designed to ensure the quality of the final work methodology that will be obtained at the end of the project.

With this last activity we seek the successful closure of the project, with the complete and final realisation of the manual, ready for its implementation and dissemination.


This final manual includes a complete and high quality methodology that will not only be available for the participating organisations, but also for the whole network, and anyone who accesses the social networks or the website of the project.





Activity 3: Universal Quality: approach to quality assurance measures -- Lecco, Italy - March 2023

The expected results are:

1. Creation of the evaluation method to ensure that all activities meet the appropriate quality standard.
 2. Design of a quality index that will measure the final results of each project that is implemented on the basis of this manual.
 3. To provide a detailed and easy to use guide for all participating organisations.
 4. To facilitate the inclusion of young people at risk by offering this manual, an identical training to all participants, emphasising the need to work on the basis of mutual respect, and by emphasising teamwork practices, active listening, tolerance and empathy.
 5. Creation of new links and strengthening of the existing ones between the members of the different associations, which will generate future collaborations, as we cannot forget that we all work for a common goal, but with different social contexts.
 6. Enriching the networks of the organisations, as the manual will be freely accessible to all interested parties.
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ACTIVITY 1



Educating in nature: Approach and techniques

Granada, Spain - March 2022

Areas of work:

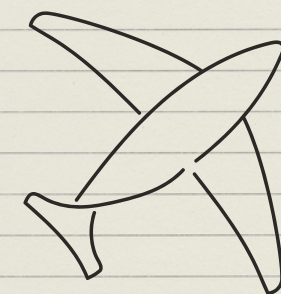
- Benefits and disadvantages of working in nature.
- How we can work keeping the natural environment present when we are far away from these elements.
- Which elements of nature or values can be applied to education.
- Differences between formal, non-formal and informal education.
- Education techniques that can be transferred from the classroom to the field.
- Empathy mapping of organisations and users at risk and not at risk.
- What activities can we use to educate in nature.
- Development of the methodology.

Activity 1

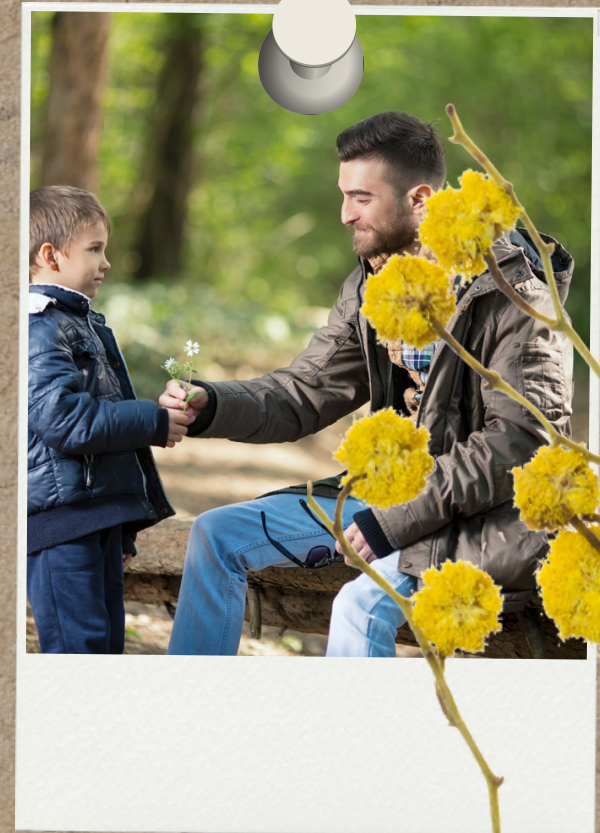
**5 youth
workers per
organisation**

*5 days + 2 days
of travelling*

*The works will be asked to be
sent by e-mail to AIFED to
summarise and develop the
final methodology.*



To sum up



FIRST ACTIVITY IN SPAIN

THIRD ACTIVITY IN ITALY

MARCH 2022

NOVEMBER 2022

MARCH 2023

MAY 2023

SECOND ACTIVITY IN
PORTUGAL

END OF PROJECT





Thank you!

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