

#CHANGECLIMATECHANGE

THERE'S NO PLANET B



WHAT: a Youth Exchange about sustainability and climate actions

WHEN: 4th – 13th October 2022

WHERE: Eco-hostel Parco Monte Barro. Como Lake, Italy.

WHO: Legambiente Lecco is the local entity of the national organization, one of the main Italian environmental organisations, also dealing with other social causes also dealing with other social and environmental causes such as circular and civil economy, sustainable tourism, youth entrepreneurship, intercultural learning...

SUMMARY: “#ChangeClimateChange” Youth Exchange aims to raise awareness on the issue of climate crisis and the effect of climate change on our planet and its biodiversity. The project will take place inside a **regional park** and protected area where, together with professional guides, we will understand the impact that a **non-sustainable lifestyle** had on the flora and fauna. We will discuss about local issues our countries are living and try to find **solutions** through **activism and networking**. Through non-formal education activities, the participants will be invited to think about and **discuss possible changes** in their individual behaviours and at the collective level in their communities.

The mobility will last **8 days (+2 travel days)** and will gather **24 participants from 4 different Programme Countries** (Italy, Greece, Romania, Spain). The youngsters, between 18 and 30, will be accompanied into this experience by a facilitator and the constant support of experts and activists.

OBJECTIVES:

- To improve **critical thinking on environmental** issues;
- To improve **observation in nature**;
- To **raise awareness on environmental crisis**;
- To share good **sustainable practices**;
- To learn how to work in an **intercultural team**;
- Develop **activism** and **participation** in community life;
- To learn more about European opportunities.

The main questions the participants will face are:

- What is biodiversity? Why is it so important?
- What is climate change? How was it caused? What are the consequences?
- What can I do to make a change?

The project does not aim to give answers to all of these questions but to help participants to find the information they need and to improve their abilities on critical thinking and active listening. To do so, they will meet different experts and scientists that will lead them through the ecosystem of the Regional Park of Monte Barro near Lake Como.

METHODS:

- **outdoor activities** to promote cooperation and team building;
- **non-formal education activities** to practice active observation;
- **peer to peer activities** to share upcycling experiences and examples;
- group dynamics and **games** to implement intercultural communication;
- **learning by doing** to increase participation and inclusion;
- **creative labs** to put in practice the acquired competences;
- a **final exhibition** where to show what has been learned.

The Youth Exchange will be based on non-formal education with a “learning by doing” approach, through concrete examples presented by local environmental organisations and experts, group-works and workshops on the topics, excursions, documentaries and movies, role games...

Beginning: the first phase will be dedicated to the group creation (day 2-3);

Implementation: the second phase will see the introduction of the topic, the workshops with the experts and the analysis of the given inputs (day 4-5-6-7);

Closure & evaluation: during the last phase (day 8-9) the participants will be asked to organise a local event – flash mob - mobility (with the support of Legambiente) to explain their experience with Erasmus+ and present the #ChangeClimateChange vademecum with some tips on how to tackle the climate crisis (day8-9).

PARTICIPANTS PROFILE: 5 participants + 1 group leader – preferably from 18 – 25 years old (but up to 30 ye). This project is designed to be attended by youngsters or youth workers eager to learn more about sustainability, environmental protection, and activism. Ideally, the acquired competences will be implemented back in their local associations.



THE VENUE: the eco-Hostel Parco Monte Barro (<http://www.ostelloparcobarro.it/?lang=en>) is located at 750 osl, in the middle of a natural Park in the northern part of Italy, between the Alps and the Lake Como. The hostel is run by the local entity of Legambiente, following the principles of economic, environmental, and social sustainability.



THE PARTNERS:

Romania – Care2Travel → € 275

Spain – Intercultural Life → € 275

Greece – Hopeland → € 275

Italy – Legambiente Lecco Onlus