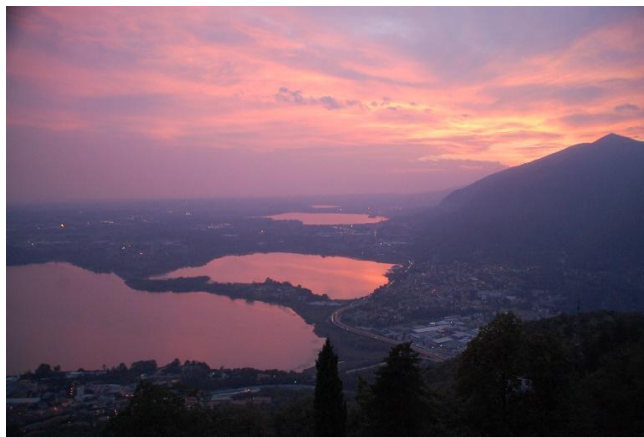




Take... action!

Filmmaking as a tool for social change



When: 12th- 21st August 2020

Where: Ostello Parco Monte Barro, Galbiate (Italy)

Who: 7 participants + 1 Group Leaders from Italy, Spain and Latvia (24 in total)

Partners:

- Legambiente Lecco (Italy)
- Bújula Intercultural (Spain)
- RASIO Perspektiva (Latvia)

In this InfoPack we have tried to collect all the most important aspects concerning the practicalities. Please, read it carefully and do not hesitate to contact your sending organisation or send us an email at progettieuropellecco@gmail.com if you have any further questions.

Project Summary

“Take... action!” Youth Exchange aims to **promote cinema and filmmaking as an effective tool to create social change** both at a local and international level, mainly regarding environmental and social issues.

“Take... action!” is organized by Legambiente, the main environmental association in Italy. It will be led by Legambiente Lecco – which is, as the name suggests, Lecco’s local Legambiente headquarter. Participants will learn **how to do productions and promotional videos** with basic equipment in an international (and natural) environment, improving their competences and employability, and enabling them to create social and environmental impact through videos posted in social media. They will shoot promotional videos for local associations in Lecco and will be asked to do the same after the Youth Exchange in their local realities.

Specific goals

- To improve filmmaking skills: media literacy, elements of storytelling, kind of shots, basics of filmmaking.
- To improve digital competences in editing software.
- To receive practical skills in video-making and sound recording.
- To have a better understanding of all the phases of a production: preproduction, production, postproduction.

- To learn how to work with different and basic equipment in an international team.
- To learn how to divide the different roles and improve time management.
- To create promotional videos for non-profit organizations.

Activities

The program of MIG will include several activities, distributed throughout the 8 days of the Exchange:

- **Ice-breaking games** and energizers at the beginning of each session (morning and afternoon), meant to stimulate group cohesiveness, especially during the first days;
- Non formal education activities to learn **basic concepts about filmmaking**;
- **Practical assignments** to implement the basics of filmmaking in international teams and with short deadlines as a way to manage potential unexpected obstacles;
- **Screenings** of videos/documentaries;
- **Video assignment for an actual local non-profit organisation**;

Please, keep in mind that the activities could change depending on the needs and expectations of the participants, since we will work through non-formal education methodology. The language of the Youth Exchange will be **English**.

Participants:

Participants should have:

- interest in the topic: they must be committed to improve their video-making skills and passionate about the possibilities of video as a tool for social change.

- interest in getting involved in the **shooting of a video for a local association back in their home countries** once the first part of the project is finished.
- interest in taking part in a multicultural experience and creating a network.
- a basic level of English.

Accommodation

The Youth Exchange will take place in [Ostello Parco Monte Barro](#), an eco-hostel led by Legambiente, one of the main environmental associations of Italy, according to environmentally sustainable values and parameters. It is located in the middle of Regional Park Monte Barro, settled at 750m above sea level. The hostel is placed in an



ancient hermitage, being a small church from the 16th century being the only reminder of those times.

The local facilities consist in 1) the above-mentioned church (rarely open), 2) the hostel itself, 3) a bar-restaurant, which is often (but not always) open and 4) an archaeological museum. When the bar is closed, a small fair-trade bazaar will also be available inside the hostel's reception.

You will be lodged in its Squirrel section (settore Scoiattolo in Italian), equipped with double, triple, quadruple shared rooms and toilets shared by all the guests staying in the



section (i.e. participants of the Youth Exchange and staff members) which are on the same floor.

Free **WI-FI is available in the common areas** (but not in your rooms). Once you arrive at the hostel, we will provide you the password and other information.


Being in a hermitage means that **we will be isolated**: we will live in a very beautiful and uncontaminated environment, far from the city life. Nature (and your fellow participants) will be your company in those days.

Food

The meals will be mainly vegetarian - a decision taken in line with the values of the association, since the consumption of meat is not very environmentally sustainable. We promise meals will provide you a good deal of variety and will feel tasty even to the omnivores, though 😊. Please do remember to fill out the online form document that we will send you before the project, about special dietary needs (religion-related restrictions, allergies, etc.).

What to bring!

- Towel, shampoo, gel, toothpaste, hairdryer, etc.;
- Warm clothes. We will be in a mountain environment. Normally the temperatures in August are high, but nights can be cold;
- Raincoat, since it could rain;
- Spray against mosquitoes;
- Sunscreen;
- Comfortable shoes (mountain boots if possible);

- A water bottle to keep with you during the activities;
- Flash-light;
- An adapter for the plugs, L type; 
- Flip-flops or sandals to stay inside;
- Laptop or tablet (optional);
- Local food from your country: we will do an intercultural night, in which we share the typical products from different countries. Please, bring non-perishable food (food that does not need to be cooked);

Please note: you must bring your personal filmmaking equipment. The more you learn to use your own tools, the more enriching your experience will be.

Therefore, please bring also with you:

- Smartphone, camera, or both if possible;
- USB or external hard drive;
- Laptop with video editing software (if you don't have installed in your PC any editing software, bring only the laptop);
- Needed chargers, card-readers;
- Tripod, sound recorder, lenses, lights, selfie stick... Any material is welcomed! But if you don't have this is also fine. We will need a minimum though, so agree with your national to bring at least a camera, tripod and PC all together.

Meeting point

Since there are no public means of transport that arrive directly to the venue, **we will meet in Galbiate**, the closest village, and move to the hostel in turns with a shuttle service.

To get to Galbiate there is only one option: you have to take the bus from Lecco train station to Galbiate “autostazione”. **The week before the arrival day we will send you an email specifying the bus schedule from Lecco to Galbiate.**

How to get to Galbiate?

Usually we invite participants to choose more sustainable ways of travelling to reach the venue, but due to Covid we also suggest you choose the safest travel option for you and the rest of the group.

If you take a plane, Milano has 3 airports: Malpensa, Bergamo and Linate. From all three you can **take shuttle buses to Stazione centrale di Milano** (Milan central station). From Malpensa and Bergamo they take about 60 minutes, from Linate a little less.

From Milano Centrale there are good train combinations to arrive at Lecco. We highly recommend you to **take the train from the Central Station to Lecco** (check in: <http://www.trenitalia.com/tcom-en>).

Regarding the day of departure (11th of August), we will organize the transportation back to Galbiate according to the times of the means you will use to go back home, but the idea is to leave the hostel between 8.00 and 10.00 am.

Travel costs and Reimbursement

The project will cover 100% of travel costs up to:

- Spain: 200€
- Latvia: 200€
- Italy: there is no reimbursement

Please, remember to **KEEP ALL THE TICKETS AND BOARDING PASSES** for the reimbursement.

Since we want to create the safer space, this Youth exchange will not allow sexist, racist, homophobic or any kind of violence/discrimination.

Emergency Contacts

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