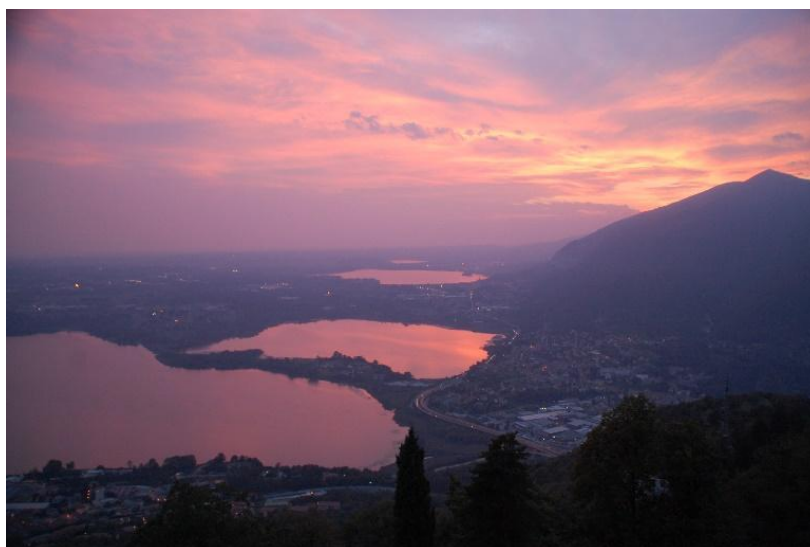


MAKE IT GREEN!

Youth entrepreneurship and sustainable economy



When: 2nd - 11th August 2020

Where: Ostello Parco Monte Barro, Galbiate (Italy)

Who: 7 participants + 1 Group Leaders from Italy, Spain and Romania (24 in total)

Partners:

- Legambiente Lecco (Italy)
- Intercultural Life (Spain)
- Act O'Clock (Romania)

In this InfoPack we have tried to collect all the most important aspects concerning the practicalities. Please, read it carefully and do not hesitate to contact your sending organisation or send us an email at **progettieuropellecco@gmail.com** if you have any further questions.

Project Summary

“Make it green” Youth Exchange, at its fifth edition, aims to support youngsters in creating new **job opportunities in a sustainable way**, both on a social, environmental and economic level. During these past four years, we have developed new methodologies, improving the quality of the project and involving more and more sustainable enterprises of the local territory.

“Make it green” is organized by Legambiente, the main environmental association in Italy. It will be led by Legambiente Lecco – which is, as the name suggests, Lecco’s local Legambiente headquarter. The idea that we would like to convey through this Youth Exchange is that a different and **sustainable way of doing business is actually possible**, and we would like to help young people to see how this could be feasible in order to stimulate an entrepreneurship that is in line with environmental sustainability-related values. Participants will learn the meaning of sustainability, they will discuss the power of choice and how we can make a difference; after meeting some local young entrepreneurs for advice, they will have the chance to **create their own business plans** that they will present to the local authorities and community.

Specific goals

- To improve critical thinking on environmental issues;
- To improve sustainable entrepreneurship competencies;

- To receive practical skills on how to build a business plan considering the environmental, social and political level;
- To have a better understanding of all the phases of an enterprise and its development;
- To learn how to work in an intercultural team;

Activities

The program of MIG will include several activities, distributed throughout the 8 days of the Exchange:

- **Ice-breaking games** and energizers at the beginning of each session (morning and afternoon), meant to stimulate group cohesiveness, especially during the first days;
- Exchange of ideas and good practices alongside **participative discussions** on sustainability (what it means, how it works, how it can be translated into reality, etc.);
- **Short walks** in the surrounding environment to show its beauty and biodiversity;
- **Screenings** of videos/documentaries about sustainability;
- A “sustainable **treasure hunt**” in the hostel;
- **Visit** to concrete examples and counterexamples of sustainable businesses;
- **Interviews with young local** entrepreneurs from the Lecco area owning/working in sustainable businesses;
- Last but not least, the **development of a business plan** for a sustainable enterprise.

Please, keep in mind that the activities could change depending on the needs and expectations of the participants, since we will work through non-formal education methodology.

The language of the Youth Exchange will be **English**.

Accommodation

The Youth Exchange will take place in [Ostello Parco Monte Barro](#), an eco-hostel led by Legambiente, one of the main environmental associations of Italy, according to environmentally sustainable values and parameters. It is located in the middle of Regional Park Monte Barro, settled at 750m above sea level. The hostel is placed in an ancient hermitage, being a small church from the 16th century being the only reminder of those times.



The local facilities consist in 1) the above-mentioned church (rarely open), 2) the hostel itself, 3) a bar-restaurant, which is often (but not always) open and 4) an archaeological museum. When the bar is closed, a small fair-trade bazaar will also be available inside the hostel's reception.



You will be lodged in its Squirrel section (settore Scoiattolo in Italian), equipped with double, triple, quadruple shared rooms and toilets shared by all the guests staying in the section (i.e. participants of the Youth Exchange and staff members) which are on the same floor.

Free **WI-FI is available in the common areas** (but not in your rooms). Once you arrive at the hostel, we will provide you the password and other information.

Being in a hermitage means that **we will be isolated**: we will live in a very beautiful and uncontaminated environment, far from the city life. Nature (and your fellow participants) will be your company in those days.

Food

The meals will be vegetarian only - a decision taken in line with the topic of the Exchange, since the consumption of meat is not very environmentally sustainable. We promise meals will provide you a good deal of variety and will feel tasty even to the omnivores, though ☺. Please do remember to fill out the online form document that we will send you before the project, about special dietary needs (religion-related restrictions, allergies, etc.).

What to bring!

We kindly ask you to bring:

- Towel, shampoo, gel, toothpaste, hairdryer, etc.;
- Warm clothes. We will be in a mountain environment. Normally the temperatures in August are high, but nights can be cold;
- Raincoat, since it could rain;
- Spray against mosquitoes;
- Sunscreen;
- Comfortable shoes (mountain boots if possible);
- A water bottle to keep with you during the activities;
- Flash-light;
- An adapter for the plugs, L type;
- Flip-flops or sandals to stay inside;
- Laptop or tablet (optional);
- Local food from your country: we will do an intercultural night, in which we share the typical products from different countries. Please, bring non-perishable food (food that does not need to be cooked);



Meeting point

Since there are no public means of transport that arrive directly to the venue, **we will meet in Galbiate**, the closest village, and move to the hostel in turns with a shuttle service.

To get to Galbiate there is only one option: you have to take the bus from Lecco train station to Galbiate “autostazione”. **The week before the arrival day we will send you an email specifying the bus schedule from Lecco to Galbiate.**

How to get to Galbiate?

Usually we invite participants to choose more sustainable ways of travelling to reach the venue, but due to Covid we also suggest you choose the safest travel option for you and the rest of the group.

If you take a plane, Milano has 3 airports: Malpensa, Bergamo and Linate. From all three you can **take shuttle buses to Stazione centrale di Milano** (Milan central station). From Malpensa and Bergamo they take about 60 minutes, from Linate a little less.

From Milano Centrale there are good train combinations to arrive at Lecco. We highly recommend you to **take the train from the Central Station to Lecco** (check in: <http://www.trenitalia.com/tcom-en>).

Regarding the day of departure (11th of August), we will organize the transportation back to Galbiate according to the times of the means you will use to go back home, but the idea is to leave the hostel between 8.00 and 10.00 am.

Travel costs and Reimbursement

The project will cover 100% of travel costs up to:

- Spain: 200€
- Romania: 200€
- Italy: there is no reimbursement

Please, remember to **KEEP ALL THE TICKETS AND BOARDING PASSES** for the reimbursement.

Since we want to create the safer space, this Youth exchange will not allow sexist, racist, homophobic or any kind of violence/discrimination.

Emergency Contacts

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